



VERVAIN BLUE

Botanical Name: *Verbena spuria*

Common Name: American blue vervain, wild hyssop

Medicinal part: Aerial part

Description: Blue Vervain is a flowering plant in the vervain family, Verbenaceae. It is a herb with opposite, simple leaves which have double-serate margins, borne on stiffly erect, branching square stems. The flowers appear in summer and are purple. This is a common plant that occurs across North America. They are hardy and drought resistant.



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